

November 2021

Greetings and much Aloha!

Demetria Latrice Williams, also known as “Dee,” is a current resident of Hawaii who enjoys reading, writing, listening to music, spending time with family and helping others. She was born in Mississippi as Demetria Cooper, primarily growing up in Brooklyn, NY with a little bit of other places in between to include: El Reno, OK; Chicago, IL; Oakdale, LA; Wilmington, DE; and Allenwood, PA. She graduated from Fort Hamilton Highschool in Brooklyn, NY and is the 2nd oldest sibling with an older half-brother and two younger sisters. She has two nieces and a nephew. Dee is the proud mother of three youth: two daughters ages 21 and 18, and a 15-year-old son.

In addition to a small core of mentors and friends who have provided inspiration through their own respective journeys, her three-year old cat helps provide fur-baby reminders to maintain proper life/work balance. From life lessons gained from almost 43 years of life, Dee continues to inculcate strengthening of her faith through the tenants of Scriptures such as Proverbs 27:17 regarding Iron Sharpens Iron.

Dee is a lifelong learner with educational accomplishments that include a Master’s in Public Administration, Graduate Certificate in Health Services Management, Bachelor of Arts, and Associates of Arts in General Studies. She also earned her Certified Associate in Project Management (CAPM).

Dee’s professional background includes service to the Nation as a United States Army Combat Medic with 20 years of honorable service, two years of non-profit program management, federal government as both a civilian employee and sub-contractor. She is a dedicated professional with a passion for helping others combine their knowledge, skills, and attributes with their passion,



Demetria L. Williams
MPA, United States Army (Retired)



interests so that they may navigate to moving into their purpose.

Dee's military context consists of personal/professional development, training facilitations, and team building was honed through her 20 year Army Career as a Medic/EMT-B and Senior Army Leader at nine duty stations to include: Schofield Barracks, Hawaii; Fort Drum, NY; Fort Eustis, VA (The Old Guard); Fort Jackson, SC; Fort Riley, KS; Fort Bragg, NC; Fort Eustis, VA; Fort Polk, LA, culminating in retirement from the military in 2018 at Fort Jackson, SC. During her military service, she successfully completed two overseas deployments to Baghdad, Iraq (Sadr City 2008-2009) as Senior Medic within a Military Police Company, and Camp Buehring, Kuwait (2015-2016) as the Satellite Site Manager for Clinical Military Operations.

Dee began volunteering with the American Red Cross Palmetto, SC Region prior to her retirement from the U.S. Army. Her primary contributions include supporting volunteer management, facilitating community outreach for the military and Veteran programs, and assisting with oversight of youth volunteer programs at Fort Jackson, SC. She was selected as Regional Program Manager responsible for regional program outreach and volunteer management for two military installations and (12) surrounding counties.

Dee volunteered to deploy early on as part of her contracted mobile staff position in support of the American Red Cross's overseas emergency communications and respite/resiliency programs in Kuwait and Baghdad, Iraq for six months in 2019. Upon completion of the deployment, with the support and encouragement of her immediate family, she accepted a position as Regional Program Manager/Director for the Pacific Islands Region of the American Red Cross which included oversight of military and veterans' programs in Hawaii, neighbor Islands, NMI/Saipan, and Guam. Dee has also worked for the Department of Veterans Affairs, Veterans Benefits Administration as a Legal Administrative Specialist (Public Contact/Benefits Counselor), and Department of Labor (DOL) sub-contractor in the role of Senior Employment Navigator , Employment Navigator Partnership Pilot (ENPP) Veterans Employment and Training Service (VETS) Transition Assistance Program (TAP).

